

CCA DANCE DEPARTMENT CLASS DRESS CODE

You may be able to find leotards, bike shorts, and close fitting T-shirts at **Sports Academy, Walmart, Target, etc.** However, please get convertible foot tights and dance shoes from one of the shops below because a proper shoe fit is VERY important. Only the stores below carry tights with convertible feet. Please **DO NOT** purchase ballet shoes from Payless or other discount retail stores as they do not allow the students' feet to work properly. Once you know your sizes, and have been personally fitted for your dance shoes, online vendors such as Discount Dance, Just for Kix, and others can be useful.

Places to purchase dance supplies:

The Batterie -- 2435 Broad St., toward Lookout Mtn, next to KFC, 423-267-7530

DanceStuff -- 2209 Hamill Rd., Hixson 423-877-0764

Center Stage Dance Apparel -- 246 Depot St, Soddy Daisy, 423-451-9912

MIDDLE SCHOOL:

INTRO TO DANCE

Women: Black leotard, black tights (convertible feet), **OR** bike shorts with black or white close fitting T-shirt. Bare feet or black ballet or jazz shoes, **NO** baggy sweat pants (no dancing in jeans or street clothes!!)

Men: White or black close fitting T-shirts, black bike shorts **OR** basic black shorts (basketball style), bare feet or black ballet or jazz shoes, dance belt/athletic supporter, **NO** baggy sweat pants (no dancing in jeans or street clothes!!)

INTERMEDIATE BALLET

Women: Black leotard, pink tights (convertible feet), pink ballet shoes, **NO** skirts, **NO** leg warmers, **NO** cover-ups.

Men: White close-fitting T-shirts, black bike shorts or men's tights, dance belt, black ballet shoes, **NO** sweat pants.

JAZZ/TAP

Women: Solid leotard, black tights (convertible feet) or black jazz pants or bike shorts—**NO** gaucho pants, (no dancing in jeans, street clothes or sweat pants!!) Black jazz shoes (pull on style is preferable—**NO** jazz sneakers.) Tap shoes specifics will be discussed the first week of class. Do not purchase tap shoes until instructor gives you the style she prefers.

Men: Black or white close-fitting T-shirts, jazz pants or bike shorts, dance belt, (no dancing in jeans, street clothes or sweat pants!!) Black jazz shoes (pull on style is preferable —**NO** jazz sneakers.) Tap shoes specifics will be discussed the first week of class. Do not purchase until instructor gives you the style she prefers.

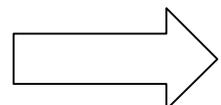
HIGH SCHOOL:

INTRO TO DANCE

Women: Black leotard, black tights (convertible feet), **OR** bike shorts with black or white close fitting T-shirt **OR** capri/short yoga pants with black leotard Bare feet or black ballet or jazz shoes, **NO** baggy sweat pants (no dancing in jeans or street clothes!!)

Men: White or black close fitting T-shirts, black bike shorts **OR** basic black shorts (basketball style), bare feet or black ballet or jazz shoes, dance belt/athletic supporter, **NO** baggy sweat pants (no dancing in jeans or street clothes!!)

OVER



BALLET 1 & BALLET 2

Women: Black leotard, pink tights (convertible feet), pink ballet shoes, NO skirts, NO leg warmers, NO cover-ups. Pointe shoes will be discussed, do not purchase them until directed to do so.

Men: White close-fitting T-shirts, black heavy men's tights or bike shorts, black ballet shoes, dance belt, NO sweat pants

BALLET 3

Women: Solid color leotard, pink tights (convertible feet), pink ballet shoes, pointe shoes, NO skirts, NO cover ups, NO leg warmers.

Men: White close-fitting T-shirts, black heavy men's tights or bike shorts, black ballet shoes, dance belt, NO sweat pants

MODERN 1

Women: Black leotard, black footless tights, NO cover-ups, NO leg warmers.

Men: Black or white close - fitting T-shirts, black footless heavy men's tights or bike shorts, dance belt, NO sweat pants

NO LOTIONS OR POWDERS ARE TO BE USED WHILE DANCING IN BARE FEET

MODERN 2 & 3

Women: Solid leotard, black footless tights, NO cover-ups, NO leg warmers.

Men: Black or white close-fitting T-shirts, black footless heavy men's footless tights, or bike shorts, dance belt, NO sweat pants

NO LOTIONS OR POWDERS ARE TO BE USED WHILE DANCING IN BARE FEET

JAZZ/TAP

Women: Solid leotard, black tights (convertible feet) or black jazz pants or bike shorts—NO gauchos pants, (no dancing in jeans, street clothes or sweat pants!!) Black jazz shoes (pull on style is preferable—NO jazz sneakers.) Tap shoes specifics will be discussed the first week of class. Do not purchase tap shoes until instructor gives you the style she prefers.

Men: Black or white close-fitting T-shirts, jazz pants or bike shorts, dance belt, (no dancing in jeans, street clothes or sweat pants!!) Black jazz shoes (pull on style is preferable —NO jazz sneakers.) Tap shoes specifics will be discussed the first week of class. Do not purchase until instructor gives you the style she prefers.

CULTURAL STYLES

Women: Solid color leotard or close fitting t-shirt, black jazz/yoga pants or bike shorts, bare feet, NO gauchos, pajamas, jeans, skirts. No leg warmers or cover-ups.

Men: White or black close fitting T-shirts, black bike shorts OR basic black shorts (basketball style), dance belt/athletic supporter, bare feet., NO baggy sweat pants (no dancing in jeans or street clothes.)

PROJECT MOTION DANCE ENSEMBLE

Women: Solid color leotard, pink tights (You must have a black leotard for performances), black footless tights, black pull on jazz shoes, pink ballet shoes, pink pointe shoes, skirts may be worn during rehearsals, NO leg warmers, NO cover-ups (shorts, gauchos, sweats or tank tops.)

Additional performance clothing required: Two camisole leotards (one black, one skin tone), one nude sports bra (no seams), additional black and pink tights, black jazz pants.

Men: Solid color close fitting T-shirts, black heavy men's tights or bike shorts, black ballet shoes, dance belt, NO sweat pants.